

Subject intent: To provide the students with the knowledge, skills and attributes of the **Health and Social Care** sector.

Types of support

How individuals adapt to these changes.

Sources of support:

Coping with change caused by life events

Life circumstances

Physical events

Relationship changes

Different types of life event

Component 2: HUMAN LIFESPAN DEVELOPMENT

Health and wellbeing improvement plans

Obstacles to implementing plans

Lifestyle indicators

Physiological indicators

Physical and lifestyle factors

Environmental factors

COMPONENT 3: HEALTH AND WELLBEING

Economic factors

Social, emotional and cultural factors